



Dry Skin Solution

Author : Komal Patel

Posted : Nov 11, 2017

SKIN CARE

How to get a dry skin solutions in winter

There types is given below.

1. Coconut oil:-



Coconut oil to have coconut oil on your skin in winter. So apply coconut oil. If your skin is very dry it does not need more, but only half a teaspoon. So this way is good and reasonable. Then take a coconut oil in one hand and give both hands to massage on your face and body and massage it at least 10 to 15 minutes. And also do the way that oil goes inside. The coconut oil absorbs quickly from the oil skin. So it gives moisturizing deep in to the skin. Then take a bath. It is also very helpful for makeup remover on face your makeup such as waterproof eyeliner and muskara can be easily remove. After that remove the eyeliner from the oil by taking the oil in the cotton ball. But be careful not to go inside the eye. All these things come from the hanging the natural glow on the face and body. On face we have also uses coconut oil in added coconut sugar to as a scrub of own body.

2. Honey:-



Honey is treated with other natural elements with antioxidant and humectant properties. There are many essential vitamins in honey that contributes greatly to improving your skin. It helps to make your skin soft and smooth before bathing, lightly rub the honey on the whole body. Take honey and glycerin in the same proportion in your hands. And let it remain 10 minutes compulsory. It is not satisfied, so we can also added eggs yolk. After added it is best result of the skin.

3. Milk cream:-



Milk items such as cream that can fight dry skin and it covers them. Milk cream works as a natural moisturizer for dry skin. Lactic acid in the milk, dry skin, removes the dead surface. It is suitable for your skin for proper use. And helps maintain PH balance of your skin. So The cream of fresh milk on your dry skin. And keep it 15 minutes. Another option for daily uses is to mix 1 teaspoon added of milk cream and stir in a few drops of lemon drops and after apply on your body.

4. Aloe vera:-



When your skin rotates in dryness and it also has winter, the aloe vera converts your skin very fast. It perform as a wonderful moisturizer and your skin tone improves. Aloe vera also released from scratching. Get gel from the aloe vera and massage it lightly and attach it to the inside and keep it for 10 to 15 minutes.

Tags [BEAUTY](#) [BEAUTY TIPS](#) [BEAUTY CARE](#) [BEAUTY FACE](#) [SKIN](#) [SKIN CARE](#)



About Author:

Komal Patel

its help to fit health The vision behind our ‘What’s Your Fit?’ campaign is fueled by our passion to help people to reach their goals and figure out what fitness means to them. By providing a supportive culture, we’re hoping communities feel inspired, while also having fun as they complete these full body workouts. As part of our ‘What’s Your Fit?’ campaign, expert trainers designed four core and stability workouts. They are called core and stability workouts because each exercise requires a mix of abdominal, back, and balance work. These workouts provide overall strength and build muscle