



How To Treat Baldness Or Regrow Hair And Bald Spot. Its Symptoms, Causes And Home Remedies.

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Posted : May 08, 2018

HAIR

Baldness is a common problem in men. Actually baldness is a situation in which there is no hair anywhere on the head of the men or there is less hair. Baldness is called therapeutic alopecia.

The most serious condition is in baldness, in which there is no remaining child left in the head.

The state of baldness is generated with more fall of hair. By the way, during normal hair wash, an average of human hair falls to 250 bales per day.



Symptoms of baldness.

Comb and hair bunch is in your hands

To be stressed

Hair is also clinging with your clothes

Hair fall Usually our hair falls to 20 to 50 hair. Hair is also caused by having a headache, if there is more hair fall then there may be a reason for Russian

Hairdressing

If you put your hands in the hair, then your hair comes in hand



Causes of baldness.

Hormonal changes

Aging

Heredity

Iron and protein deficiency in the body

Fast event of weight

Vitamin A intake of high amounts

Hair loss infections

Trauma

Excessive consumption of contraceptive pills

Side effects of medicines

Tension

During women delivery
During Menopause in Women
Cancer treatment after chemotherapy
Tight hair style
Thyroid disease
Dye, color and hair loss in hair treatment
By changing the diet

Home remedies of baldness.



Fenugreek seeds - Fenugreek seeds are also very effective in removing baldness. Make paste of methi seeds and paste them in the head where there is no hair. Leave the paste applied for one hour. Afterwards wash the head with water. There will be considerable effect.

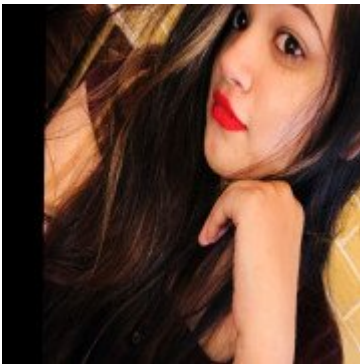


Onion - The sulfur in the onion accelerates blood flow in the head. By which the treatment of cannabis be cured. Nothing just chop the onion and take out its juice and mix some honey in it. And then put it on the roots of hair. It will increase blood circulation in the root of the hair as well as kill fungus and bacteria.



Curd - Curd as a conditioner for hair. It works a lot in removing baldness of hair. Prevents hair from falling and falling. Apply curd mask in hair will yield much better results.

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About Author:

Vidhi mistry

Dr. Vidhi who has made wholeheartedly contribution to the welfare of many people through Ayurveda is one of the million people who was inspired by her father and her own life incident to choose the correct path in her life. Born in a family of renowned physician Dr. Madan Gulati and Dr. Saras Gulati, she was brought up under the shadow of Ayurveda. This was not just a reason to choose Ayurveda as her career but one of her childhood events also molded her into a true believer of Ayurveda.